

Layperson's Understanding of the Mona Vie Double Blind Human Study by Dr. Lou Niles and Dr. Michael Fay

Dr. Lou's Comments:

I was asked to put the Monavie's double blind human study summary I sent out last week into a lay person's language. Dr. Michael Fay's explanation below provides a better translation than I did in my previous e-mail. While reading his comments, I ask you to remember this in-between-the-lines understanding from the study: Based on other science we know Mona Vie and fruit in general (not citric) neutralizes lactic acid, a by-product of burning sugar in your trillions of cells. Lactic acid, if you remember, is what causes your muscles to be sore after exercising or cramps. You do not want lactic acid in your blood or body in large amounts. It burns you up and makes you old fast. "And you can see this in people who get cancer-- cancer cells make a ton of lactic acid. It becomes their food. Lactic acid is sent to your liver where it is converted to sugar, and is again recycled into your blood and passed around to your cells as a sugar-food, but without any protective anti-oxidants. This is dangerous. A lot of this acid-sugar flowing in you will age you swiftly and lactic acid becomes candy to cancer cells and helps cause degeneration to all tissue, including your heart and arteries. (While lactic acid is being moved to your liver via your blood, it can have a caustic effect on the tissue lining your arteries. This is why nature has provided you with natural plant based anti-acids, in the form of fruit, to minimize this damage). Mona Vie is a powerful anti-acid food. Also headaches, low energy, depression, skin problems, vision loss, and so forth, are tied to the lack of anti-acid foods in a diet.

This process explains why cancer cells, which eat five times more sugar than normal cells, thrive in an acidic blood pH environment, and even if you should stop eating food or avoid sugar, cancer cells will get plenty of sugar thanks to your liver. Trying to starve cancer cells by not eating fruit with sugar, and not eating whole foods in general, actually makes cancer cells grow faster. Acid is the true food of cancer.

The alkalizing molecules of Monavie's anti-oxidants in particular get into the cells easily according to this study (82% of non placebo subjects), and we can extrapolate they neutralized lactic acid at the cellular level, long before they reached the liver; therefore give great relief to the body's immune cells. Immune cells are the healers in cancer. The alkaline Monavie, strips cancer cells of their unlimited source of acid—converted to sugar--food. I see this with every cancer client drinking Monavie. You never want stop eating anti-acidic foods if you have cancer or are sick; however, you only want eat those fresh anti-acid foods from the Earth: whole alkaline foods loaded with anti-oxidants (Veggies, fruits, nuts, beans, alkaline water). In the case of cancer, heart, and diabetes, not to do so, at each meal, could be the shortcut to THE END.

Mona Vie, at 2 oz servings, provides you the protection of about 6,000 anti-free radical (anti-acid) units (or OR" C Units to be correct) out of the 12,000 a day you should be getting to prevent illness. Four ounce servings could get you close to the 12,000 units you want and the FD" will be soon recommending.

Dr. Michael's Comments:

The double blind study revealed that Monavie affects the body extremely quickly in a positive way. It increases antioxidant activity within the cells (82% of non placebo subjects) and blood vessels. It provided an 83% decrease in free radical destruction or oxidation amongst the test subjects who did not receive the placebo. The free radical tests were the ones that cause or contribute to arteriosclerosis which is the number one cause of heart disease today.

The USDA tells us that 85% of chronic or degenerative diseases are caused by oxidative stress or free radical activity. This study shows that Monavie increases antioxidant activity within the body and cells, and successfully combats oxidative stress; therefore we can extrapolate that if used regularly, Monavie will protect the body from disease and in particular from this study, heart disease (which is our number one killer).
Questions?

Dr Michael Fay D.C. 4197 W 88th Ave Sunrise FL 33351, 954.748.3700

Dr. Lou Niles, N.D. Ft. Lauderdale FL, 954.527.6683